

Lunch Menus – Week 1



Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day Freshly Made Bread	Soup of the Day Freshly Made Bread	Soup of the Day Freshly Made Bread	Soup of the Day Freshly Made Bread	Soup of the Day Freshly Made Bread
Chicken Pie	Meatballs in Tomato Sauce Garlic bread	Pork & Herb Sausages with Red Onion Gravy Yorkshire Pudding	Roast Chicken Sage & Onion Stuffing	Cod Goujons Sweet Chilli salmon Pork Steak in a Mushroom Sauce
Thai Red Curry with Rice	Spanish Omelette	Lentil & Vegetable lasagne	Vegetable & Quorn Bake	Stuffed Pepper
Pasta with Tomato Sauce Jacket Potato	Jacket Potato	Pasta with Tomato Jacket Potato	Jacket Potato	Jacket Potato
Roasted New Potatoes Green Beans Carrots	Spaghetti Sweetcorn Courgettes	Mashed Potato Baked Beans Roasted Vegetables	Roast Potatoes Broccoli Carrots	Chips Peas & Mushy Peas Baked Beans
Selection of Salads & Cold Meats	Selection of Salads & Cold Meats	Selection of Salads & Cold Meats	Selection of Salads & Cold Meats	Selection of Salads & Cold Meats
Chocolate Sponge & Chocolate Sauce Cold Dessert Selection	Apple & Pear Crumble with Custard Cold Dessert Selection	Creamy Rice Pudding with Jam Cold Dessert Selection	Sticky Toffee Pudding with Custard Cold Dessert Selection	Pancakes with Syrup Cold Dessert Selection

Lunch Menus - Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day Freshly Made Bread	Soup of the Day Freshly Made Bread	Soup of the Day Freshly Made Bread	Soup of the Day Freshly Made Bread	Soup of the Day Freshly Made Bread
Chicken Curry Naan Bread Popadoms	Lasagne with Garlic Bread	Chicken Italian Style	Roast Beef with Yorkshire Pudding	Breaded Haddock Plaice Goujons Chicken Wrapped in Bacon
Mixed Bean Chilli with Rice	Vegetarian Sausage toad in the hole with Crispy Onions	Quorn, Chickpea & Spinach Tagine	Vegetable Quiche	Stuffed Peppers
Pasta with Tomato Sauce Jacket Potato	Jacket Potato	Pasta with Tomato Jacket Potato	Jacket Potato	Jacket Potato
Rice Carrots Courgettes	Broccoli Roasted Vegetables	Roasted New Potatoes Green Beans Sweetcorn	Roast Potatoes Cauliflower Cheese Carrots	Chips Peas & Mushy Peas Baked Beans
Selection of Salads & Cold Meats	Selection of Salads & Cold Meats	Selection of Salads & Cold Meats	Selection of Salads & Cold Meats	Selection of Salads & Cold Meats
Syrup Sponge with Custard Cold Dessert Selection	Apple & Cinnamon Crumble with Custard Cold Dessert Selection	Rice Pudding Cold Dessert Selection	Chocolate Sponge with Chocolate Sauce Cold Dessert Selection	Waffles with Sauce Cold Dessert Selection

Lunch Menus - Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day Freshly Made Bread	Soup of the Day Freshly Made Bread	Soup of the Day Freshly Made Bread	Soup of the Day Freshly Made Bread	Soup of the Day Freshly Made Bread
Spaghetti Bolognese with Garlic & Herb Bread	Sausage meat Plait	Chicken with Butter Beans	Roast Pork with Apple Sauce	Battered Cod Kedgeree Lemon, Honey & Coriander Chicken
Asparagus Quiche	Mushroom Stroganoff	Spanish Omelette	Quorn & Chickpea Korma	Spinach Tortellini
Pasta with Tomato Sauce Jacket Potato	Jacket Potato	Pasta with Tomato Jacket Potato	Jacket Potato	Jacket Potato
Carrots Courgettes	Roasted New Potatoes Peas	Rice Sweetcorn Roasted Squash & Sweet Potato	Roast potatoes Cauliflower Cheese Broccoli	Chips Peas & Mushy Peas Baked Beans
Selection of Salads & Cold Meats	Selection of Salads & Cold Meats	Selection of Salads & Cold Meats	Selection of Salads & Cold Meats	Selection of Salads & Cold Meats
Marble Sponge with Custard Cold Dessert Selection	Apple Crumble cake with Custard Cold Dessert Selection	Jam Sponge with Custard Cold Dessert Selection	Creamy Rice Pudding with Jam Cold Dessert Selection	Bread & Butter Pudding with Cream Cold Dessert Selection