

WEEK 1 MENU

Monday

Soup of the Day with Fresh Bread

Main Course

Chicken Curry & Rice
Nann Bread & Samosa

Vegetarian

Chickpea & Squash Tagine
with Spiced Cous Cous

Baked Jacket Potato
with a choice of fillings

Pasta with Tomato Sauce

Seasonal Potatoes & Vegetables

Roasted Vegetables

Broccoli

Salad

Assorted Salads
Cold Meats

Dessert

Syrup Sponge & Custard

**Fresh Fruit,
Jelly & Yoghurt**

Tuesday

Soup of the Day with Fresh Bread

Main Course

Classic Lasagne with Garlic
Bread

Vegetarian

Roasted Vegetable Curry
Rice

Baked Jacket Potato
with a choice of fillings

Seasonal Potatoes & Vegetables

Sweetcorn

Roasted Honey Carrots

Salad

Assorted Salads
Cold Meats

Dessert

Forest Fruit Crumble &
Custard

**Fresh Fruit,
Jelly & Yoghurt**

Wednesday

Soup of the Day with Fresh Bread

Main Course

Pork Sausages with Yorkshire
Pudding

Vegetarian

Quorn Lasagne

Baked Jacket Potato
with a choice of fillings

Pasta with Tomato Sauce

Seasonal Potatoes & Vegetables

Mashed Potato

Roasted Vegetables

Salad

Assorted Salads
Cold Meats

Dessert

Coconut & Vanilla Rice
Pudding

**Fresh Fruit,
Jelly & Yoghurt**

Thursday

Soup of the Day with Fresh Bread

Main Course

Roast Turkey with Stuffing
Cranberry Sauce

Vegetarian

Mushroom & Asparagus
Risotto

Baked Jacket Potato
with a choice of fillings

Seasonal Potatoes & Vegetables

Roast Potatoes

Cauliflower Cheese

Brussel Sprouts & Carrots

Salad

Assorted Salads
Cold Meats

Dessert

Chocolate Sponge &
Chocolate Sauce

**Fresh Fruit,
Jelly & Yoghurt**

Friday

Soup of the Day with Fresh Bread

Main Course

Cod Goujons

Sweet Chilli Salmon

Stir Fried Teriyaki Beef
With Noodles

Vegetarian

Goats Cheese & Red
Onion Tart

Baked Jacket Potato
with a choice of fillings

Friday Pasta Bake

Seasonal Potatoes & Vegetables

Chips

Pease & Mushy Peas

Salad

Assorted Salads
Cold Meats

Dessert

Raspberry Ripple Mousse

**Fresh Fruit,
Jelly & Yoghurt**

Allergy information available on request