

WEEK 3 MENU

Monday

Soup of the Day with
Fresh Bread

Main Course

Spaghetti Bolognaise
Garlic Bread

Vegetarian

Mushroom Stroganoff
Rice

Baked Jacket Potato
with a choice of fillings

Pasta with Tomato Sauce

Seasonal Potatoes & Vegetables

Green Beans
Carrots

Salad

Assorted Salads
Cold Meats

Dessert

Pineapple Upside down
Cake & Custard

**Fresh Fruit,
Jelly & Yoghurt**

Tuesday

Soup of the Day with
Fresh Bread

Main Course

Chinese Pork Loin with
Noodles & Spring Vegetables

Vegetarian

Brie & Beetroot Tart

Baked Jacket Potato
with a choice of fillings

Seasonal Potatoes & Vegetables

Sweetcorn
Stir Fried Vegetables

Salad

Assorted Salads
Cold Meats

Dessert

Oat & Cherry Crumble with
Custard

**Fresh Fruit,
Jelly & Yoghurt**

Wednesday

Soup of the Day with
Fresh Bread

Main Course

Breaded Chicken with a
Coconut Curry Sauce

Vegetarian

Asparagus, Sun blushed
Tomato & Mozzarella Risotto

Baked Jacket Potato
with a choice of fillings

Pasta with Tomato Sauce

Seasonal Potatoes & Vegetables

Braised Rice
Courgettes & Broccoli

Salad

Assorted Salads
Cold Meats

Dessert

Sticky Toffee Pudding &
Custard

**Fresh Fruit,
Jelly & Yoghurt**

Thursday

Soup of the Day with
Fresh Bread

Main Course

Roast Gammon
Apple Sauce

Vegetarian

Frittata

Baked Jacket Potato
with a choice of fillings

Seasonal Potatoes & Vegetables

Roast Potatoes
Cauliflower Cheese
Green Beans & Carrots

Salad

Assorted Salads
Cold Meats

Dessert

Bread & Butter Pudding with
Cream

**Fresh Fruit,
Jelly & Yoghurt**

Friday

Soup of the Day with
Fresh Bread

Main Course

Cod Fish fingers
Battered Pollack

Honey Soy Braised Pork
Belly

Vegetarian

Mixed Bean Chilli & Rice

Baked Jacket Potato
with a choice of fillings

Friday Pasta Bake

Seasonal Potatoes & Vegetables

Chips

Pease & Mushy Peas

Salad

Assorted Salads
Cold Meats

Dessert

Pancakes with Syrups

**Fresh Fruit,
Jelly & Yoghurt**

Allergy information available on request